



High March School Bulletin

Week 5 8.2.19

From Mrs Clifford:

This week we have been supporting Children's Mental Health Week through various initiatives. Mrs Stuhldreer emailed a sheet of top tips for parents setting out ways to help support your child's mental health and well-being and on Wednesday Mrs James presented a lively assembly at Upper School which focused on being healthy both inside and out. The girls explored various feelings such as being angry, sad and nervous. They also discussed how looking after our bodies can help our minds too. An assembly is planned to cover this issue with Junior House pupils too.

Many congratulations to Maria in Year 6 and Grace H in Year 5 who have both qualified to run for the Bucks team at the National Cross Country Championships. These will be held at Prestwold Hall in Loughborough on Saturday 23 March. What a wonderful achievement for both Maria and Grace, well done!

At the time of writing Year 6 are very excited about their ski trip which departs on Friday morning. We fly to Munich and will be staying in a hotel at Altenmarkt in Austria. The nearby slopes at Flachau are perfect for both beginners and advanced skiers with a combination of wide blue runs and some more challenging red runs. Après ski activities will include bowling, swimming at a local leisure centre, a disco, a quiz and a talent night. I shall not be in School again until after half term, but will be checking my emails regularly. If any parents have any concerns please contact either Mrs Honiball at Junior House or Mrs Stuhldreer/Mrs G Cook at Upper School in the first instance.

Congratulations to the following Junior House Stars of the Week:

NCR	Sebastian
NWR	Olivia
RD	Georgina
RT	Sophia
1D	Addison
1M	Isabelle
2GS	Maya
2HN	Mollie

Congratulations to the following Upper School Stars of the Week:

3E	Cassie
3G	Carmen
4C	Jessica
4W	Isabelle
5BH	Lois
5J	Shiloh
6K	-
6O	-

House Points

Daffodil	993
Rose	902
Shamrock	962
Thistle	887

Diary Dates for week commencing Monday 11 Feb

Mon 11 Feb

Tues 12 Feb	09:30 – 12:00	Thinking Skills Day at St Mary's School, Gerrards Cross
	15:50 – 17:45	Year 5 (U10) (A and B Teams) Netball (a) v Maltman's Green
	16:00 – 17:00	Teatime Concert in the Upper School Hall

Wed 13 Feb

Thurs 14 Feb

Fri 15 Feb	08:30 – 09:00	Foundation Stage Parents' Morning
	15:30 – 15:50	Half Term Begins NO AFTER SCHOOL CLUBS OR SUPERVISED PREP IN UPPER SCHOOL AND JUNIOR HOUSE, ONLY AFTER SCHOOL CARE WILL TAKE PLACE
	16:00 - 16:00	Year 6 Ski Trip returns

Sporting Notices

Mon 11 Feb	16:00 – 17:00	NO NETBALL TRAINING AS YEAR 6 AWAY
Tues 12 Feb	15:50 – 17:45	Year 5 (U10) (A and B Teams) Netball (a) v Maltman's Green NO YEAR 5 NETBALL TRAINING AS ALL GIRLS INVOLVED IN FIXTURE
Wed 13 Feb	16:00 – 17:00	Year 4 Netball Training
	16:00 – 17:00	Water Polo Club
	17:00 – 18:00	Year 3 Swim Squad
	18:00 – 19:00	Year 5 Swim Squad
Thurs 14 Feb	16:00 – 17:00	Free Swimming
	17:00 – 18:00	Year 4 Swim Squad
	18:00 – 19:00	NO YEAR 6 SWIM SQUAD AS YEAR 6 AWAY

Notices

Half Term Intensive Swimming Course Tuesday 19- Friday 22 February 2019

There are a few places left for Reception age children upwards on the Neil Bailey Swimming course at half term. To book places on this course please email swimming@highmarch.bucks.sch.uk

Save the Date: Level 1 Bikeability Friday 29 March 2019

There are a couple of spaces left on the Spokes Cycle Training Level I Bikeability Course at High March on Friday 29 March from 10:00am to 12:00pm. The course is open to any girls in Years 3 and 4. If you would like your daughter to attend please email stp@highmarch.bucks.sch.uk

Holiday Swimming Courses – Save the Dates

Easter Holiday: Monday 8 – Friday 12 April
Half Term: Tuesday 28 – Friday 31 May
Summer Holiday: Monday 22 – Friday 26 July
Monday 5 – Friday 9 August
Tuesday 27 – Friday 30 August

Beaconsfield NOW! Save the Date

Beaconsfield NOW! 2019 will be on Saturday 11 May at Beaconsfield Rugby Club. This year's event is part of the town-wide celebrations for the 750th year of the Charter Fair.

Social Group Notices

Race Night

Tickets went on sale today and we only have a few tables left. If you would like to come to the race night, please drop your form and cash/cheque into the office and we will be in touch to confirm your place. Remember, you can also buy a racehorse or two to increase your chances of a prize! Anyone can buy a horse, even if you cannot make the event.

Our upcoming events are:

2 March – Parents' Race Night
23 March - Junior House Easter Craft Party
11 May – Parents' Dinner Dance at the Crowne Plaza