Summer 2021 Menu
Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Every Day
Soup	Tomato and Roasted Pepper	Roasted Vegetable	Noodle	Pea and Mint	Tomato and Basil	
Main	Ando's Lemon and Herb Chicken	Cumberland Sausages	Lamb Rogan Josh	Roast Beef Or Roast Chicken	Sticky Gammon Steaks or Baked Cod Fillet	Baked Potatoes or Pasta with Sauce
Meat Free	Spanish Omelette	Vegetarian Sausages with Gravy	Vegan Shawarma Kebab	Leek and Potato Pie	Enchilada Stuffed Potato Skins	Salad Boxes
And to go with	Steamed Rice Roasted Peppers, Courgettes, Red Onion	Mashed Potato Peas Sweetcorn Carrots	Steamed Brown Basmati Rice Carrots, Kale	Roast Potatoes Yorkshire Puddings Broccoli, Peas, Carrots	Sauté Potatoes Baked Beans, Peas, Carrots	Fresh Fruit Homemade Granola Bar
Pudding	Fresh Fruit or Homemade Granola Bar	Fresh Fruit or Homemade Blueberry Muffins	Fresh Fruit or Homemade Granola Bar	Fresh Fruit or Chocolate Shortbread Finger	Fresh Fruit or Homemade Granola Bar	

Summer 2021 Menu
Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Every Day
Soup	Tomato and Oregano	Butternut and Sweet Potato	Minestrone	Cauliflower and Cheddar	Tomato and Lentil	
Main	Beef Bolognaise	Pesto Chicken	Tuna Pasta Bake	Roast Lamb or Roast Chicken	Baked Cod in Breadcrumbs	Baked Potatoes or Pasta with Sauce
Meat Free	Roasted Vegetable Bolognaise	Broccoli Cheese and Pearl Barley Gratin	Roast Vegetable Wellington	Macaroni Cheese	Fishless Lemon and Herb Fillets	Salad Boxes
And to go with	Spaghetti, Garlic Bread, Spring Greens, Carrots	Steamed New Potatoes Peas, Sweetcorn and Carrots	Egg and Vegetable Rice Roasted Peppers, Courgettes, Red Onion	Roast Potatoes, Broccoli, Cauliflower, Carrots and Peas	Baked Oven Chips Baked Beans, Peas and Carrots	Fresh Fruit Homemade Granola Bar
Pudding	Fresh Fruit or Homemade Granola Bar	Fresh Fruit or Hearty Oat Cookies	Fresh Fruit or Homemade Granola Bar	Fresh Fruit or Carrot Cake	Fresh Fruit or Homemade Granola Bar	

Summer 2021 Menu
Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Every Day
Soup	Tomato and Roasted Pepper Soup	Leek and Potato Soup	Mushroom and Rosemary	Thai Style Coconut and Vegetable	Classic Tomato Soup	
Main	Lemon and Rosemary Turkey Steaks	Slow Cooked Beef Casserole	Coconut Chicken Curry	Roast Gammon or Roast Chicken	Homemade Naan Bread Pizza with Toppings or Baked Salmon	Baked Potatoes or Pasta with Sauce
Meat Free	Roasted Vegetable and Tomato Whirl	Spiced Bean Patties	Roasted Butternut and Chickpea Curry	Baked Tomatoes with Pesto and Mozzarella	Chicken and Bacon Omelette	Salad Boxes
And to go with	Wholemeal Pasta Peas, Sweetcorn and Carrots	Boiled Potatoes, Broccoli and Carrots	Baked Basmati Rice and Garlic Naan Carrots, Sugar Snap Peas, Peppers, Red Onion, Courgette	Roast Potatoes Broccoli, Savoy Cabbage and Carrots	Baked Potato Wedges, Baked Beans, Peas and Carrots	Fresh Fruit Homemade Granola Bar
Pudding	Fresh Fruit or Homemade Granola Bar	Fresh Fruit or Vanilla Sponge	Fresh Fruit or Homemade Granola Bar	Fresh Fruit or Flourless Black Bean Brownies	Fresh Fruit or Homemade Granola Bar	