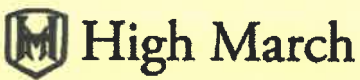


Lunch menu week one

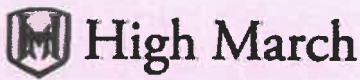


Available everyday	Monday	Tuesday	Wednesday
	<p><b>Main Meal</b> Mac &amp; Cheese Topped with Herb &amp; Onion Crust</p> <p><b>Vegetarian Meal</b> Three Cheese &amp; Caramelised Onion Quiche</p> <p><b>Sides</b> Garlic Bread, Peas &amp; Sweetcorn</p> <p><b>Dessert</b> Apple &amp; Berry Crumble &amp; Cream</p>	<p><b>Main Meal</b> Chicken Teriyaki</p> <p><b>Vegetarian Meal</b> Roasted Vegetable with Crispy Tofu Teriyaki</p> <p><b>Sides</b> Fragrant Rice, Green Beans, Spring Greens, Chinese Leaf, Mangetout, Pak Choi</p> <p><b>Dessert</b> Jellies, Fruit &amp; Yogurt bar</p>	<p><b>Main Meal</b> Fernandos Chicken or Beef Burger</p> <p><b>Vegetarian Meal</b> Smashed Chickpea, Coriander &amp; Red Pepper Burger</p> <p><b>Sides</b> Broccoli, Roast smoked Garlic Potato Corn Cobettes , BBQ Beans</p> <p><b>Dessert</b> Honey Parsnip Cake</p>
Available everyday	Thursday	Friday	
	<p><b>Main Meal</b> Pork Meatballs in Marina Sauce</p> <p><b>Vegetarian Meal</b> Vegetable Moussaka</p> <p><b>Sides</b> Spaghetti Garlic Bread Sauteed Carrots, Savoy Cabbage, Leeks</p> <p><b>Dessert</b> Jellies, Fruit &amp; Yogurt bar</p>	<p><b>Main Meal</b> Fish Fingers &amp; Chips Chicken Sausage</p> <p><b>Vegetarian Meal</b> Stuffed Vegetable Pancakes with Pesto Sauce</p> <p><b>Sides</b> Peas, Chunky Chips, Gherkins, Lemons, Tartar Sauce</p> <p><b>Dessert</b> Marble Cake</p>	



\*All menus are subject to change due to availability and supply

Lunch menu week two



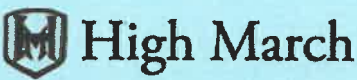
Available everyday	Monday	Tuesday	Wednesday
	<p><b>Main Meal</b> Roasted Vegetable &amp; Tomato Bake Jacket Potatoes/ Sweet Potato</p> <p><b>Sides</b> Baked Beans, Cheese, Broccoli, Peas, Garlic Bread</p> <p><b>Dessert</b> Seasonal Fruit Crumble</p>	<p><b>Main Meal</b> Beef Cottage Pie with Creamy Mash potato</p> <p><b>Vegetarian Meal</b> Roasted Squash &amp; Vegetable Cottage Pie</p> <p><b>Sides</b> Roasted Sweet Potato, Broccoli, Roasted Carrots</p> <p><b>Dessert</b> Jellies, Fruit &amp; Yogurt bar</p>	<p><b>Main Meal</b> Roast Loin of Pork, Sage &amp; Apple Sauce, Yorkshire Puds</p> <p><b>Vegetarian Meal</b> Spinach &amp; Feta Filo Pie</p> <p><b>Sides</b> Green Beans with Fried Red Onion, Roasted Root Veg, Celeriac, Beets Squash, Roasted Potatoes</p> <p><b>Dessert</b> Lemon Tart</p>
Available everyday	Thursday	Friday	
	<p><b>Main Meal</b> Chicken Korma with Steamed Rice</p> <p><b>Vegetarian Meal</b> Vegetable Korma with Steamed Rice</p> <p><b>Sides</b> Carrots &amp; Cauliflower, Onion Bhaji, Cucumber, Tomato, Red Onion, Coriander, Salad</p> <p><b>Dessert</b> Jellies, Fruit &amp; Yogurt bar</p>	<p><b>Main Meal</b> Breaded Fish &amp; Chips Cumberland Sausage</p> <p><b>Vegetarian Meal</b> Sweet Potato &amp; Red Pepper Frittata</p> <p><b>Sides</b> Minted Peas, Chunky Chips, Gherkins, Lemons, Tartar sauce</p> <p><b>Dessert</b> Chocolate Chip Cookie</p>	

Please see daily menu boards  
for ALL allergens

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# Lunch menu week three



Available everyday	Monday	Tuesday	Wednesday
	<p><b>Main Meal</b> Focaccia Pizza Bar; *Margarita *Roasted Vegetable Red Onion, Corn &amp; Mushroom</p> <p><b>Sides</b> Crispy Onions, Sweetcorn, Chilli Flakes, Potato Wedges, Jalapenos, Gherkins</p> <p><b>Dessert</b> Eton Mess</p>	<p><b>Main Meal</b> Cumberland Sausages &amp; Mash <b>Vegetarian Meal</b> Plant based Sausages &amp; Mash</p> <p><b>Sides</b> Red Onion Gravy, Crispy Onions, Petit Pois, Roasted Carrots with Thyme</p> <p><b>Dessert</b> Fruit, Jelly &amp; Yogurt Bar</p>	<p><b>Main Meal</b> Beef &amp; Vegetable Pie <b>Vegetarian Meal</b> Lancashire Vegetable Hot Pot Topped with Sliced Potatoes</p> <p><b>Sides</b> Broccoli, Roasted Root Veg, Carrots, Celeriac, Roasted new potatoes</p> <p><b>Dessert</b> Lemon Drizzle Cake</p>
Available everyday	Thursday	Friday	
	<p><b>Main Meal</b> Chicken Parmigiana <b>Vegetarian Meal</b> Sweet Potato Parmigiana</p> <p><b>Sides</b> Vegetable Rice, Mozzarella, Tomato Sauce, Garlic Green Beans, Cauliflower</p> <p><b>Dessert</b> Fruit, Jelly &amp; Yogurt Bar</p>	<p><b>Main Meal</b> Battered Fish &amp; Chips Chicken Sausage <b>Vegetarian Meal</b> Veggie Sausage Roll</p> <p><b>Sides</b> Mushy Peas, Chunky Chips, Gherkins, Pickled Egg, Pickled Onions, Lemons, Tartar sauce</p> <p><b>Dessert</b> Chocolate Brownie</p>	

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for ALL allergens

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