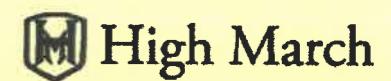


Lunch menu week one



Available everyday

Seasonal soup
with croutons, fresh herbs, toppings, and freshly baked bread

Everyday salads
big bowl salad, tomato, cucumber, peppers, grated carrot, mixed leaves, sweetcorn

Fruit bar
selection of bananas, apples, satsumas, melon and Pineapple

Yoghurt bar
selection of natural yoghurt, seeds and dried fruits

Jacket potato bar
hot jacket potatoes with a choice of fillings

Please see daily menu boards for ALL allergens

Monday

Main Meal

Mac & Cheese Topped with Herb & Onion Crust

Vegetarian Meal

Three Cheese & Caramelised Onion Quiche

Sides

Garlic Bread, Peas & Sweetcorn

Dessert

Apple & Berry Crumble & Cream

Tuesday

Main Meal

Chicken Teriyaki

Vegetarian Meal

Roasted Vegetable with Crispy Tofu Teriyaki

Sides

Fragrant Rice, Green Beans, Spring Greens,

Chinese Leaf, Mangetout, Pak Choi

Dessert

Jellies, Fruit & Yogurt bar

Wednesday

Main Meal

Fernandos Chicken or Beef Burger

Vegetarian Meal

Smashed Chickpea, Coriander & Red Pepper Burger

Sides

Broccoli, Roast smoked Garlic Potato

Corn Cobettes, BBQ Beans

Dessert

Honey Parsnip Cake

Thursday

Main Meal

Pork Meatballs in Marina Sauce

Vegetarian Meal

Vegetable Moussaka

Sides

Spaghetti

Garlic Bread

Sautéed Carrots, Savoy Cabbage, Leeks

Dessert

Jellies, Fruit & Yogurt bar

Friday

Main Meal

Fish Fingers & Chips

Chicken Sausage

Vegetarian Meal

Stuffed Vegetable Pancakes with Pesto Sauce

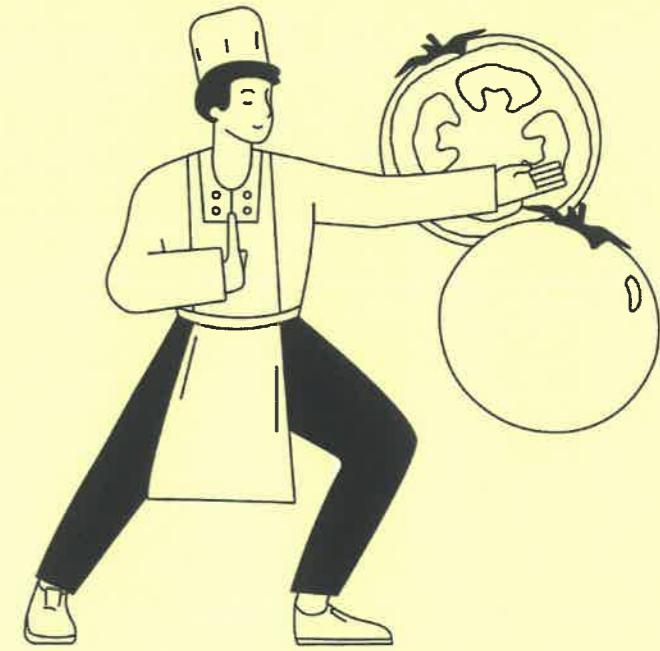
Sides

Peas,

Chunky Chips, Gherkins, Lemons, Tartar Sauce

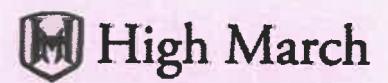
Dessert

Marble Cake



*All menus are subject to change due to availability and supply

Lunch menu week two



Available everyday

Seasonal soup
with croutons, fresh herbs, toppings, and freshly baked bread

Everyday salads
big bowl salad, tomato, cucumber, peppers, grated carrot, mixed leaves, sweetcorn

Fruit bar
selection of bananas, apples, satsumas, melon and mixed grapes

Yoghurt bar
selection of natural yoghurt, seeds and dried fruits

Jacket potato bar
hot jacket potatoes with a choice of fillings

Please see daily menu boards for ALL allergens

Monday

Main Meal

Roasted Vegetable & Tomato Bake
Jacket Potatoes/ Sweet Potato

Sides

Baked Beans, Cheese, Broccoli, Peas, Garlic Bread

Dessert

Seasonal Fruit Crumble

Tuesday

Main Meal

Beef Cottage Pie with Creamy Mash potato
Vegetarian Meal

Roasted Squash & Vegetable Cottage Pie

Sides

Roasted Sweet Potato, Broccoli, Roasted Carrots

Dessert

Jellies, Fruit & Yogurt bar

Wednesday

Main Meal

Roast Loin of Pork, Sage & Apple Sauce, Yorkshire Puds

Vegetarian Meal

Spinach & Feta Filo Pie

Sides

Green Beans with Fried Red Onion, Roasted Root Veg, Celeriac, Beets Squash,

Roasted Potatoes

Dessert

Lemon Tart

Thursday

Main Meal

Chicken Korma with Steamed Rice

Vegetarian Meal

Vegetable Korma with Steamed Rice

Sides

Carrots & Cauliflower, Onion Bhaji,

Cucumber, Tomato, Red Onion, Coriander, Salad

Dessert

Jellies, Fruit & Yogurt bar

Friday

Main Meal

Breaded Fish & Chips

Cumberland Sausage

Vegetarian Meal

Sweet Potato & Red Pepper Frittata

Sides

Minted Peas,

Chunky Chips, Gherkins, Lemons, Tartar sauce

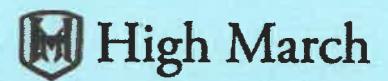
Dessert

Chocolate Chip Cookie



*All menus are subject to change due to availability and supply

Lunch menu week three



Available everyday

- Seasonal soup**
with croutons, fresh herbs, toppings, and freshly baked bread
- Everyday salads**
big bowl salad, tomato, cucumber, peppers, grated carrot, mixed leaves, sweetcorn
- Fruit bar**
selection of bananas, apples, satsumas, melon and mixed grapes
- Yoghurt bar**
selection of natural yoghurt, seeds and dried fruits
- Jacket potato bar**
hot jacket potatoes with a choice of fillings

Please see daily menu boards for ALL allergens

Monday

- Main Meal**
Focaccia Pizza Bar;
*Margarita
*Roasted Vegetable Red Onion, Corn & Mushroom
- Sides**
Crispy Onions, Sweetcorn, Chilli Flakes, Potato Wedges, Jalapenos, Gherkins
- Dessert**
Eton Mess

Tuesday

- Main Meal**
Cumberland Sausages & Mash
- Vegetarian Meal**
Plant based Sausages & Mash
- Sides**
Red Onion Gravy, Crispy Onions, Petit Pois, Roasted Carrots with Thyme
- Dessert**
Fruit, Jelly & Yogurt Bar

Wednesday

- Main Meal**
Beef & Vegetable Pie
- Vegetarian Meal**
Lancashire Vegetable Hot Pot Topped with Sliced Potatoes
- Sides**
Broccoli, Roasted Root Veg, Carrots, Celeriac, Roasted new potatoes
- Dessert**
Lemon Drizzle Cake

Thursday

- Main Meal**
Chicken Parmigiana
- Vegetarian Meal**
Sweet Potato Parmigiana
- Sides**
Vegetable Rice, Mozzarella, Tomato Sauce, Garlic Green Beans, Cauliflower
- Dessert**
Fruit, Jelly & Yogurt Bar

Friday

- Main Meal**
Battered Fish & Chips
- Chicken Sausage**
- Vegetarian Meal**
Veggie Sausage Roll
- Sides**
Mushy Peas, Chunky Chips, Gherkins, Pickled Egg, Pickled Onions, Lemons, Tartar sauce
- Dessert**
Chocolate Brownie



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