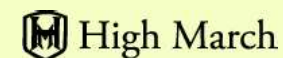


# Lunch menu week one



## Available everyday

### Seasonal Soup

with croutons, fresh herbs, toppings, and freshly baked bread

### Everyday Salads

Big Bowl salad, tomato, cucumber, peppers, grated carrot, mixed leaves, sweetcorn

### Fruit Bar

Selection of bananas, apples, satsumas, melon and Pineapple

### Yoghurt Bar

Selection of natural yoghurt, seeds and dried fruits

### Jacket Potato Bar

Hot jacket potatoes with a choice of fillings

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**Please see daily menu boards  
for ALL allergens**

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## Monday

### Main meal

Mac & Cheese Topped with Herb & Onion Crust

### Vegetarian Meal

Three Cheese & Caramelised Onion Quiche

### Sides

Garlic Bread, Peas & Sweetcorn

### Dessert

Apple & Berry Crumble & Cream

## Tuesday

### Main meal

Hoisin Chicken Stir Fry

### Vegetarian Meal

Roasted Vegetable with Crispy Tofu Stir Fry

### Sides

Noodles, Green Beans, Spring Greens, Chinese Leaf, Pak Choi

### Dessert

Jellies, Fruit & yogurt bar

## Wednesday

### Main meal

Beef Burger Topped with Lettuce & Tomato

### Vegetarian Meal

Sweet Potato Falafel Burger

### Sides

Broccoli, Roast smoked Garlic Potato Wedges  
Corn Cobettes , BBQ Beans

### Dessert

Chocolate Chip Cookie

## Thursday

### Main meal

Beef Bolognaise

### Vegetarian Meal

Vegetable, Lentil Bolognaise

### Sides

Spaghetti

Garlic bread

Sauteed Carrots, Savoy Cabbage, Leeks

### Dessert

Jellies, Fruit & yogurt bar

## Friday

### Main meal

Fish fingers & Chips

Pork Sausage

### Vegetarian Meal

Vegetable & Bean Wellington

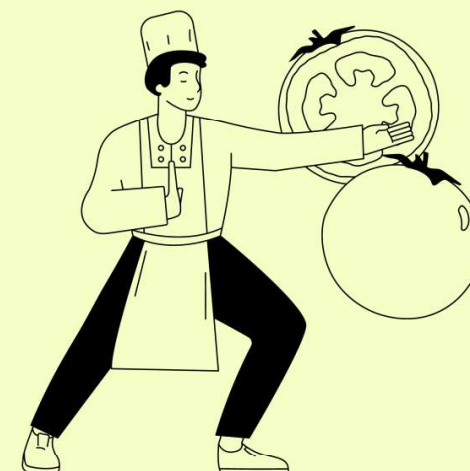
### Sides

Minted Peas,

Chunky Chips, Gherkins, Lemons, Tartar sauce

### Dessert

Marble cake



\*All menus are subject to change due to availability and supply

# Lunch menu week two

## Available everyday

**Seasonal Soup**  
with croutons, fresh herbs,  
toppings, and freshly baked bread

**Everyday Salads**  
Big Bowl salad, tomato, cucumber, peppers,  
grated carrot,  
mixed leaves, sweetcorn

**Fruit Bar**  
Selection of bananas, apples,  
satsumas, melon and Pineapple

**Yoghurt Bar**  
Selection of natural yoghurt,  
seeds and dried fruits

**Jacket Potato Bar**  
Hot jacket potatoes  
with a choice of fillings

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**Please see daily menu boards  
for ALL allergens**

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## Monday

**Main meal**  
Italian Vegetable Tomato Bake  
Jacket potatoes/ Sweet potato  
**Sides**  
Baked beans, cheese, Broccoli, Peas, Garlic Bread  
**Dessert**  
Poached Pear Crumble

## Thursday

**Main meal**  
Chicken Katsu Curry with Steamed Sticky Rice  
**Vegetarian Meal**  
Vegetable & Lentil Korma  
with Steamed Rice  
**Sides**  
Steamed Carrots, Peas, Green Beans, Cabbage,  
Asian Slaw  
**Dessert**  
Jellies, Fruit & yogurt bar

## Tuesday

**Main meal**  
Creamy Chicken & Mushroom Pie  
**Vegetarian Meal**  
Roasted squash, vegetable & Bean pie  
**Sides**  
Sweet Potato Mash, Broccoli, Roasted Carrots  
**Dessert**  
Jellies, Fruit & yogurt bar

## Friday

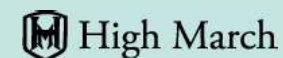
**Main meal**  
Breaded Fish & Chips  
Sausage Roll  
**Vegetarian Meal**  
Sweet Potato & Red Pepper Frittata  
**Sides**  
Mushy Peas  
Chunky Chips, Gherkins, Lemons, Tartar sauce,  
Curry Sauce  
**Dessert**  
Ice Cream  
Seasonal Fruit

## Wednesday

**Main meal**  
Roast Beef, Yorkshire Puds  
**Vegetarian Meal**  
Butternut, Chickpea & Herb Loaf  
**Sides**  
Onion, Roasted Root Veg, Celeriac, Beets  
Squash, Roasted Potatoes  
**Dessert**  
Chocolate Tart



# Lunch menu week three



## Available everyday

**Seasonal Soup**  
with croutons, fresh herbs,  
toppings, and freshly baked bread

**Everyday Salads**  
Big Bowl salad, tomato, cucumber, peppers,  
grated carrot,  
mixed leaves, sweetcorn

**Fruit Bar**  
Selection of bananas, apples,  
satsumas, melon and Pineapple

**Yoghurt Bar**  
Selection of natural yoghurt,  
seeds and dried fruits

**Jacket Potato Bar**  
Hot jacket potatoes  
with a choice of fillings

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**Please see daily menu boards  
for ALL allergens**

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## Monday

**Main meal**  
Focaccia Pizza Bar;  
\*Margarita  
\*Roasted Vegetable  
Red onion, corn & Mushroom

**Sides**  
Crispy Onions, Sweetcorn, Chilli Flakes, potato  
wedges, Jalapenos, Gherkins

**Dessert**  
Eton Mess

## Thursday

**Main meal**  
Chilli Pork & Wholegrain Rice  
**Vegetarian Meal**  
Vegetable & Bean Chilli Burrito  
**Sides**  
Sour Cream, Nachos, Guacamole, Charred Corn,  
Tomato, Red Onion Salad, Salsa

**Dessert**  
Fruit, Jelly & Yogurt Bar

## Tuesday

**Main meal**  
Cumberland Sausages & Mash  
**Vegetarian Meal**  
Plant based Sausages & Mash

**Sides**  
Red Onion Gravy, Crispy Onions, Petit Pois,  
Roasted Carrots with Thyme

**Dessert**  
Fruit, Jelly & Yogurt Bar

## Friday

**Main meal**  
Battered Fish & Chips  
Cumberland Sausage  
**Vegetarian Meal**  
Cheese & Tomato Omelette  
**Sides**  
Mushy Peas,  
Chunky Chips, Gherkins, Curry Sauce, Pickled  
Onions, Lemons, Tartar sauce  
**Dessert**  
Chocolate Waffles

## Wednesday

**Main meal**  
Roasted Chicken with Lemon & Herb Crust  
**Vegetarian Meal**  
Mushroom, Spinach, Lentil Loaf topped with  
Red onion Marmalade

**Sides**  
Broccoli, Cauliflower Cheese, Carrots, Roasted  
New Potatoes, Gravy

**Dessert**  
Lemon & Courgette Drizzle Cake



\*All menus are subject to change due to availability and supply