

Week 1

Please see daily menu boards for [all allergens](#).

chapter
one

MONDAY

Main

Pasta Bar: Creamy Pesto Sauce,
Super Veg Tomato Sauce,
Cheese sauce

Veggie

(V) Classic Vegetable
Lasagne

Sides

Garlic Bread, Crispy Onions,
Rocket, Cos & Grana Pandano
Salad, Broccoli

Dessert

Sliced Fruit and
Yoghurt pots

TUESDAY

Main

Chicken Tikka Masala

Veggie

(V) Butternut,
Chickpea & Spinach
Curry

Sides

Pilau Rice, Naan bread, Pickled
Radish, Cucumber & Carrot
Salad, Mango Chutney

Dessert

Sliced Fruit and
Yoghurt Pots

WEDNESDAY

Main

Lemon and thyme chicken thighs,
sage and onion stuffing,
Yorkshire pudding

Veggie

(V) Squash & Bean Roll

Sides

Steamed Carrots, Cabbage,
Peas, Roasted Potatoes, Gravy

Dessert

Chocolate Cherry Mud
Cake

THURSDAY

Main

Chipotle Pulled Pork Station

Veggie

(V) Sweet Potato &
bean Enchilades

Sides

Mexican Rice, Guacamole, Sour
Cream, Grated Mozzarella &
cheddar, Nachos

Dessert

Sliced Fruit and
Yoghurt Pots

FRIDAY

Main

MSC Battered pollock

Veggie

(V) No Waste
Cauliflower Cheese
Pasta Bake

Sides

Oven Roasted Chips, Mushy
Peas, Garden Peas, Lemon,
Tartar Sauce

Dessert

Chapter One Custard
Cream

Week 2

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MONDAY

Main

Crunchy Topped Butternut
Squash Macaroni Cheese

Veggie

(V) Vegetable Hotpot

Sides

Baton Carrots, Cauliflower,
Garlic Bread

Dessert

Sliced Fruit and
Yoghurt pots

TUESDAY

Main

Thai Chicken Pad Thai

Veggie

(V) Thai Vegetarian
Pad Thai

Sides

Rice Noodles, Thai Salad
Mango & Lime Dressing

Dessert

Sliced Fruit and
Yoghurt pots

 Curious Kitchen: Beetroot chocolate brownie 

WEDNESDAY

Main

Roast Beef Topside, Stuffing
Balls, Yorkshire Pudding

Veggie

(V) Beets & Mushroom
Wellington

Sides

Steamed Carrots, Cabbage,
Peas, Roasted Potatoes, Gravy

Dessert

Chocolate Pot

THURSDAY

Main

Toad in a Hole with Savoy
Cabbage

Veggie

(V) Vegetarian Toad in
a Hole with Savoy
Cabbage

Sides

Mashed Potatoes, Savoy
Cabbage, Onion Gravy

Dessert

Sliced Fruit and
Yoghurt pots

FRIDAY

Main

Focaccia Pizza Bar,
Pepperoni or Mexican Chicken

Veggie

(V) Focaccia Pizza Bar,
Margarita

Sides

Vegan Slaw
Five Spiced Squash

Dessert

Clementine Curd
Cake

Week 3

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chapter
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MONDAY

Main

Sheppardess Pie Vegetarian

Veggie

(V) Classic Vegetable Moussaka

Sides

Broccoli, Garlic & Ginger, Greek Salad, Baked Beans

Dessert

Sliced Fruit and Yoghurt pots

TUESDAY

Main

Beef Madras Curry

Veggie

(V) Vegetable Tikka Masala Curry

Sides

Sticky Rice, Naan Bread, Mango Chutney, Mint Yoghurt, Chickpea, Butternut & Pumpkin Seed Salad

Dessert

Sliced Fruit and Yoghurt pots

Curious Kitchen: Beetroot chocolate brownie

WEDNESDAY

Main

Honey Roast Gammon, Stuffing Balls, Yorkshire Pudding

Veggie

(V) Vegetarian Sausage with Savoy Cabbage

Sides

Steamed Cabbage, Peas & Carrots, Roasted Potatoes, Gravy

Dessert

Vanilla, Peach Shortcake Crumble & Custard

THURSDAY

Main

Chicken, Leek & Ham Pie

Veggie

(V) Root Vegetable Pie

Sides

Mashed Potatoes, Green Beans

Dessert

Sliced Fruit and Yoghurt pots

FRIDAY

Main

Korean Chicken Burger

Veggie

(V) Moroccan Vegetable Tagine with Tabbouleh

Sides

Smoked Paprika Wedges, Trimchi

Dessert

Strawberry Mousse